Those of us who are citizens of liberal democratic regimes do not refer to those who govern as “rulers.” It is our boast that we rule ourselves. And there is truth in this, inasmuch as we participate in choosing those who do rule. So we prefer to speak of them not as our rulers, but as servants—public servants, or at least as people being in “public service.” Of course, these so-called servants are nothing remotely like the servants in “Downton Abbey” or “Upstairs Downstairs” or “The Duchess of Duke Street.” The extraordinary prestige and usually the trappings attaching to public office, in just about all times, and in just about all places, would by themselves be sufficient to distinguish, say, the Governor of New York or the President of the United States from Carson the Butler. But that prestige signals an underlying fact that discomfits our democratic and egalitarian sensibilities,
namely, the fact that even in liberal democratic regimes high public officials are rulers. They make rules, enforce them, and resolve disputes about their meaning and applicability. To a very large extent, at the end of the day, what they say goes.

Of course, our rulers rule, not by dint of sheer power, the way the mafia might do in a territory over which it happens to have gained control, but rather lawfully.\(^1\) Constitutional rules specify public offices and settle procedures for filling them. Whether the constitution exists in the form of a specific document, such as the Constitution of the United States or of the Constitution of Commonwealth of Massachusetts or Virginia, or in some other form, as in the United Kingdom and New Zealand, it constitutes, in a sense, the set of rules governing the rulers—rules that both empower office-holders to make and execute decisions of various sorts and limit their powers. So, though they are rulers, they are not absolute rulers. Constitutional rules set the scope, and thus the

limits, of their jurisdiction and authority. They are rulers who are subject to rules—rules they do not themselves make and cannot easily or purely on their own initiative revise or repeal. They rule in limited ways, and ordinarily for limited terms (which may or may not be indefinitely renewable at the pleasure of voters). They rule by virtue of democratic processes by which they came to hold office. They can be removed or significantly disempowered at the next election if the people are not happy with them. Still, they rule.

Now, my point is not to hoot at the idea of government, and those holding governmental offices and controlling the levers of governmental power, as “servants.” On the contrary, I want, in the end, to defend the idea that rulers truly can be servants. I want to establish, however, that if these people we call public servants are, indeed, servants, they are servants in a special sense, a sense that is compatible with them at the same time being rulers. They are people who serve us by ruling. They serve us well by ruling well. If they rule badly, they serve us poorly—indeed, they disserve us.
There are, of course, lots of ways that rulers can disserve those whom they have a moral obligation to serve by ruling well. Most obviously, there is incompetence. Then, of course, there is corruption. And at the extreme, there is tyranny. So what does it mean for the ruler to truly be a servant? What does it mean for someone holding political office and exercising public power to rule well?

It means making and executing decisions for the sake of the common good. Such decisions will necessarily be compatible with the requirements of justice and at the same time embody justice. If we understand the concept of the common good properly—and I will say a word about that in a moment—then we will see that no decision that violates a requirement of justice is truly for the common good; and no decision that genuinely upholds and serves the common good will fail to advance the cause of justice.

It is also important to note that decisions can fail to serve the common good and can, indeed, damage the common good, even when they are not unjust. Even honorably motivated and well-
intentioned people, including rulers, can make decisions that harm the common good because they are inexpedient, imprudent, or unwise. Holders of public office, like anyone else, can make poor, even disastrous, decisions even when acting on the purest and best of motives. Poor decisions by well-intentioned public officials can trigger or prolong a great depression; lead a nation into an unnecessary and even disastrous war, or prevent a nation from going to war to protect its people and their vital interests when it should have done; undermine or weaken the marriage culture and with it family life and everything in a society that depends on the health and vibrancy of marriage and the family.

It is worth adding here that reasonable people of goodwill can, and obviously do, disagree about what the common good requires and forbids, and what is, in truth, just and unjust.² Honorable people exercising public power can commit injustices—even grave injustices—while seeking, in good faith, to do justice,

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and believing in good faith that they are doing it. So, just as not all violations of the common good are injustices, not all injustices are the result of malice, ill-will, or like vices. Still, all injustices, even if committed by officials who are sincerely trying to do the right thing, harm the common good. For justice is itself a common good and a central aspect of the common good of the political community. It is to the benefit of each and every citizen to live in a just social order; and harm to that order is therefore a loss for everyone, and not merely for the immediate and obvious victims of any particular injustice. Indeed, it is a loss even for the ostensible beneficiaries of injustices, and, indeed, even for their perpetrators—though, naturally, true evildoers don’t see it that way. Corruption of character narrows their vision of the good, blinding them to the profound respects in which wrongdoing harms what is, in truth, their interest in living in a just society, as well as everyone else’s.

The common good requires that there be rulers and that they actually rule. To grasp this is to begin to see the sense in which
good rulers are also servants. Members of societies face a range—sometimes a vast range—of challenges and opportunities requiring both means-to-ends and persons-to-persons coordination, including, in the case of complex societies, coordination problems presented by the large number and the complexity of other coordination problems.\(^3\) Since such problems cannot, as a practical matter, be addressed and resolved by unanimity, authority—political authority—is required.\(^4\) Institutions will have to be created and maintained, and persons will need to be installed in the offices of these institutions, to make the choices and decisions that must be made, and to do the things that need to be done, for the sake of protecting public health, safety, and morals, upholding the rights and dignity of individuals, families, and non-governmental entities of various descriptions, and advancing the overall common good.

\(^3\) Gregoire Webber,

\(^4\) On the rational (and moral) basis of political authority, see generally John Finnis, *Natural Law and Natural Rights* 2\(^{nd}\) edition (Oxford: Clarendon Press, 2011), ch. IX.
This would be true even in a society of perfect saints, where no one ever sought more than his fair share from the common stock, or violated the rights of others, or deliberately acted in any manner that was contrary to the common good. Even in such a society, effective coordination for the sake of common goals, and, thus, for the good of all, would be required; and seeking unanimity, assuming a large and fairly complex society, would not be a practical option.\textsuperscript{5} So, authority would be required, and that means persons exercising authority—rulers, ruling.

But the moral justification for the rulers’ ruling is service to the good of all, the common good. And the common good is not an abstraction or platonic form hovering somewhere beyond the concrete well-being—the flourishing—of the flesh-and-blood persons constituting the community. It just \textit{is} the well-being of those persons and of the families and other associations of persons—Burke’s “little platoons” of civil society—of which they are members. The right of legitimate rulers to rule is rooted in the

duty of rulers to rule in the interest of all—in other words, the basis of the right to rule is the duty to serve. And the realities that constitute the content of service are the various elements of the common good. By doing what is for the common good, and by avoiding doing anything that harms the common good, rulers fulfill their obligations to the people over whom they exercise authority—thus, serving their interests, their welfare, their flourishing, in a word, them.

I don’t know how to improve on the definition of the common good proposed by John Finnis in his magisterial book *Natural Law and Natural Rights* (which Oxford University has now put out in a 2nd edition and published alongside five volumes of his collected essays). The common good, Finnis says, is to be understood as “a set of conditions which enables the members of a community to attain for themselves reasonable objectives, or to realize reasonably for themselves the value(s) for the sake of which they have reason to collaborate with each other (positively
and/or negatively) in a community."⁶ Now every community—from the basic community of a family, to a church or other community of religious faith, to a mutual aid society or other civic association, to a business firm—will have a common good. The common good of some communities is fundamentally an intrinsic good rather than an instrumental good. That is true, for example, of the community of the family. Although families serve many valuable, and some indispensable, instrumental purposes, the point of the family is not exhausted by these purposes, nor do they define what the family is. The most fundamental point of being a member of the family is, simply, being a member of the family—enjoying the intrinsic benefit of being part of that distinctive network of mutual obligation, care, love, and support. The same is true, in Christian and Jewish thought, at least, of the common good of the community of faith. Though communities of faith characteristically serve many valuable instrumental purposes, the

most fundamental purpose of Israel or the Church is to be the people of God. Things are obviously different when it comes to, say, business firms. Although there are ordinarily many opportunities for principals and employees of companies to realize intrinsic or basic human goods (including goods that are fundamentally social, such as the good of friendship) in their collaborations in pursuit of the firms’ objectives, those objectives are the ends to which the firm and the cooperation of those working in and for it are means.

Now, what about the common good of the political community—the common good served by good rulers (and to which citizens also have responsibilities)? Is it fundamentally an intrinsic good or an instrumental good? There is, in what Sir Isaiah Berlin referred to as the central tradition of western thought about morality, including political morality, a powerful current of belief that the common good of political society is an intrinsic

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good. This seems clearly to have been the view of Aristotle, and many self-identified Thomists are firmly convinced that it was the view of Aristotle’s greatest interpreter and expositor, St. Thomas Aquinas. Finnis, however, argues that the common good of political society, though, to quote Aristotle, “great and godlike” in its range and importance, is nevertheless fundamentally an instrumental, not an intrinsic, good. And he further argues that the instrumental nature of the common good of political society entails limitations of the legitimate scope of governmental authority—limitations that, though not in every case easily articulable in the language of rights, are requirements of justice.

Although I have a difference, at the margins, with Professor Finnis, who (along with Joseph Raz) was my graduate supervisor in Oxford, on the question of just what the limits are (and, in particular, whether they exclude in principle moral paternalism), I agree that the common good of political society is fundamentally

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an instrumental good and that this entails moral limits on justified governmental power.⁹

The way we have come to think of these limits is in terms of what is usually called the doctrine of subsidiarity. This is a sound doctrine, though the label has now been appropriated by some people who, for whatever reason, want the use of the word without actually signing on to the doctrine. Without implying bad faith on anyone’s part, this amounts to an abuse, and destabilizes the word’s meaning in a way that may eventually render it useless. Still, we have no better word or label at the moment, so let’s just try to be clear in our minds about what the doctrine actually holds.

Eighty years ago, Pope Pius XI, in the encyclical letter Quadragesimo Anno (1931), explained the basic idea:

“Just as it is wrong to withdraw from the individual and commit to a group what private initiative and effort can accomplish, so too it is wrong . . . for a larger and higher association to arrogate to

itself functions which can be performed efficiently by smaller and lower associations. This is a fixed, unchanged, and most weighty principle of moral philosophy . . . . Of its very nature the true aim of all social activity should be to help members of a social body, and never to absorb or destroy them.”

Now, this principle of justice and the common good reflects a particular understanding of the nature and content of human flourishing. Flourishing consists in doing things, not just in getting things, or having desirable or pleasant experiences, or having things done for you. The good, as Aristotle taught, consists in activity. Human goods are realized by acting—one participates in them—thus enriching one’s life and even ennobling oneself as one exercises and fulfills one’s natural human capacities (for example, one’s capacities for friendship, knowledge, critical aesthetic appreciation).

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And so, the common good, is, as Finnis remarked, best conceived as a set of conditions. But, we must ask, conditions for what? Well, let’s recall Professor Finnis’ definition: conditions for enabling members of a community to attain for themselves reasonable objectives, or to realize reasonably for themselves the value(s) for the sake of which they have reason to collaborate with each other in a community. The common good is, in this sense, facilitative. Its elements are what enable people to do things, individually and in cooperation with others, the doing of which to a significant degree constitutes their all-round or integral flourishing. Under favoring conditions, people can more fully and more successfully carry out reasonable projects, pursue reasonable objectives, and, thus, participate in values—including some values that are inherently social in that they fulfill persons in respect of capacities for non-instrumental forms of interpersonal communion—that are indeed constitutive of their well-being and fulfillment.
Properly understood, then, the common good requires, as a matter of justice, limited government—government that respects the needs and rights of people to pursue objectives and realize goods for themselves. The fundamental role of legitimate government, and thus the responsibility of legitimate rulers—rulers who serve—is not to be doing things for people that they could do for themselves; it is, rather to be helping to establish and maintain conditions that favor people’s doing things for themselves, and with and for each other. Governments should do things for people (as opposed to letting them do things for themselves), only where individuals and non-governmental institutions of civil society cannot do them, or cannot reasonably be expected to do them for themselves. Finnis used the word “enable,” and it is the right word here: Government’s legitimate concern is with the establishment and maintenance of the conditions under which members of the community are enabled to pursue the projects and goals by and through which they participate in the goods constitutive of their flourishing.
Now, this facilitative conception of the common good does not require a doctrinaire libertarianism either in the domain of political economy or social morality; but it clearly excludes corporatist and socialist policies that, to recall those words from Pius XI, “withdraw from the individual and commit to the group what private individual and effort can accomplish,” or which remove from the family or religious or civic association and commit to government what can be accomplished by non-governmental collaborative effort. Surely a conception of the common good that is serious about the principle of subsidiarity will respect private property and take care to maintain a reasonably free system of economic exchange—that is to say, a market economy. “Social” (i.e., comprehensive or even widespread state) ownership of the means of production is plainly incompatible with subsidiarity’s concerns and objectives, as is anything resembling a command economy. And this would be true even if the record of socialist states were benign when it came to respect for civil
liberties and political freedom—which, on the whole, it certainly is not.

And it would be true even if, again contrary to the historical record, private property and the market system were not necessary as checks against the excessive concentration and abuse of power in the hands of public officials. But, as I’ve noted, the historical record demonstrates that private property and the market system, while not sufficient as guarantees against the concentration and abuse of political power, are for all intents and purposes necessary conditions for civil liberty and limited government. And there is a profound lesson in this for those of us who are interested in ensuring that rulers remain servants, ruling in the interest of citizens, and do not reduce citizens to a condition of dependency or servitude. For it is critical to the effective limitation of governmental power that there be substantial non-governmental centers of power in society. Private property and the market economy not only provide the conditions of social mobility, which is important to the common good in any modern or dynamic
society, but also ensure that there are significant resources (and thus opportunities for people and the private associations they form) that are not in the control of governmental officials or the apparatus of the state. This diffusion of power benefits society as a whole, and not only those who immediately benefit economically from the possession of property or the ability to profit in the market. And I am not simply here talking about general prosperity, though that is yet another benefit of private property and the market system. I am talking about the benefit to all—in terms of liberty, opportunity, and security—of the diffusion of power.

This goes well beyond economics. If we understand the common good, if we have a grasp of what constitutes or is conducive to the flourishing of human beings and what is not, we will recognize that limited government is also important because it permits the functioning and flourishing of non-governmental institutions of civil society—those little platoons again, families, churches, etc.—that perform better than government could ever conceivably do the most essential health, education, and welfare
functions and which play the primary role in transmitting to each new generation the virtues without which free societies cannot survive—basic honesty, integrity, self-restraint, concern for others and respect for their dignity and rights, civic mindedness, and the like. These non-governmental authority structures represent another crucial way in which power is properly diffused and not concentrated in the hands of the state and its officials. They can play their role only when government is limited—for unlimited government always usurps their authority and destroys their autonomy, usually recruiting or commandeering them into being state functionary organs—and where they are playing their proper role they help to create conditions in which the ideal of limited government is much more likely to be realized and preserved, and its benefits enjoyed by the people.

I will return to the role of these institutions of civil society towards the end of my remarks, but now let me shift the discussion

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to the question of constitutional structural constraints on the powers of government. Historically, political theorists have focused on the need for such constraints as the most obvious and important way to ensure that governmental power remains limited and that rulers serve the people and do not become tyrants. And I myself think that constraints of this nature are important in this cause, though I will eventually get round to saying that they are likely to be effective only when they are a part of a larger picture in which they are supported by, and in turn support, other features of social life that help to keep government within its proper bounds, for the sake of the common good. So, as important as they are, I would warn against placing too great an emphasis on constitutional structural constraints. The danger there is ignoring the other essential features.

The Constitution of the United States is famous for its “Madisonian system” of structural constraints on powers of the central government. More than 200 years of experience with the system gives us a pretty good perspective on both its strengths and 21
its limitations. The major structural constraints are: 1) the doctrine of the general government as a government of delegated and enumerated, and therefore limited, powers; 2) the dual sovereignty of the general government and the states—with the states functioning as governments of general jurisdiction exercising generalized police powers (a kind of plenary authority), limited under the national constitution only by specific prohibitions or by grants of power to the general government, in a federal union; 3) the separation of legislative, executive, and judicial powers within the national government, creating a so-called “system of checks and balances” that limits the power of any one branch and, it is hoped, improves the quality of government by making the legislative and policy-making processes more challenging, slower, and more deliberative; and 4) the practice (nowhere expressly authorized in the text of the Constitution, but lay that aside for now) of constitutional judicial review by the federal courts.

Now, I often ask my students at the beginning of my undergraduate course on civil liberties how the framers of the
Constitution of the United States sought to preserve liberty and prevent tyranny. It is, alas, a testament to the poor quality of civic education in the United States that almost none of the students can answer the question correctly. Nor, I suspect, could the editors of the *New York Times* or other opinion-shaping elites. The typical answer goes this way:

Well, Professor, I can tell you how the framers of the Constitution sought to protect liberty and prevent tyranny. They attached to the Constitution a Bill of Rights to protect the individual and minorities against the tyranny of the majority; and they vested the power to enforce those rights in the hands of judges who serve for life, are not subject to election or recall, cannot be removed from office except on impeachment for serious misconduct, and are therefore able to protect people’s rights without fear of political retaliation.
Now, this is about as wrong as you can get; but it is widely believed, and, as I say, not just by university students. None of the American founders, even among those who favored judicial review and regarded it as implicit in the Constitution, which not all did, believed that it was the central, or even a significant, constraint upon the power of the national government. Nor did they believe that the enforcement of Bill of Rights guarantees by courts would be an important way of protecting liberty. The Federalists—in the original sense of those who supported the proposed Constitution—generally opposed the addition of a Bill of Rights because they feared it would actually undermine what they regarded as the main structural constraints protecting freedom and preventing tyranny, namely, (1) the conception and public understanding of the general government, not as a government of general jurisdiction, but as a government of delegated and enumerated powers; and (2) the division of powers between the national government and the states in a system of dual sovereignty.  

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the Federalists to yield to demands for a Bill of Rights (in the form of the first eight amendments to the Constitution), they took care to add two more amendments—the ninth and tenth—designed to reinforce the delegated powers doctrine and the federalism principles that they feared would be obscured or weakened by the inclusion of a Bill of Rights.

As for the way judicial review has functioned as a structural constraint in American history, suffice it to say that the practice has given Oxford University legal and political philosopher Jeremy Waldron, a fierce critic of judicial review, plenty of ammunition in making his case around the world against permitting judges to invalidate legislation on constitutional grounds.\(^\text{13}\) The federal courts, and the Supreme Court in particular, have had their glory moments, to be sure, such as in the racial de-segregation case of Brown v. Board of Education in the 1950s, but they have also handed down decision after decision—from Dred Scott v. Sandford

in the 1850s, which facilitated the expansion of slavery, to *Roe v. Wade* in the 1970s, which legalized abortion throughout the United States—in which they have plainly overstepped the bounds of their own authority and without any warrant in the text, logic, structure, or original understanding of the Constitution imposed their personal moral and political opinions on the entire nation under the pretext of enforcing constitutional guarantees. These usurpations are, quite apart from whatever one’s views happen to be on slavery and abortion, a stain on the courts and a disgrace to the constitutional system, bringing it into disrepute and undermining its basic democratic principles.

Moreover, since the 1930s, the courts have done very little indeed by way of exercising the power of judicial review to support the other constitutional structural constraints on the exercise of central governmental power. A very small number of isolated decisions have struck down this or that specific piece of federal legislation as exceeding the delegated powers of the national government or trenching upon the reserved powers of the
states, but that is about it. Most recently, and spectacularly, the Supreme Court found a way, by a bare majority, to uphold what seemed to many to be a rather obvious case of constitutional overreaching by the national government—the imposition of an individual mandate requiring citizens to purchase health insurance coverage as part of President Obama’s signature “Patient Protection and Affordable Care Act.” The government defended the mandate as a legitimate exercise of the expressly delegated power to regulate commerce among the several states. The trouble, of course, is that on its face the mandate does not appear to regulate commerce at all; it seems to force people into commerce—a particular kind of commerce—on pain of a financial penalty. Now, the Court’s four liberal justices were willing to stick to what has become longstanding tradition for those in their ideological camp, namely, counting virtually anything the national government proposes to do as a legitimate exercise of the power to

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14 See, for example, United States v. Lopez, 514 U.S. 549 (1995).

regulate interstate commerce if that’s what the government says it is. The five more conservative justices were willing to say that whatever is going on with the imposition of a mandate to purchase health insurance, it is not regulating interstate commerce. One of the five, however, Chief Justice Roberts, decided to reinterpret the penalty as a *tax*. He then joined the four liberals to uphold the mandate and the legislation as a whole as constitutionally permissible.

That’s odd, to say the least, in view of the fact that the Obama administration and its supporters in Congress had repeatedly and vociferously denied that the penalty was a tax during the debate leading up to the passage of the “Patient Protection and Affordable Care Act.” And there are other constitutional questions that arise, and that were not addressed by the Chief Justice, if one regards the penalty as a tax.

Many critics of the decision say that the matter should not have ended up in the courts at all. Congress itself, and the President, they say, should have recognized and honored the fact
that the Constitution does not empower the national government to impose a mandate on the people to purchase products, including health care coverage. Whether one agrees with that position or not, it should remind us that one of the problems with judicial review in general is that its practice tends to encourage the belief among legislators (and, worse still, among citizens more broadly) that the constitutionality of proposed legislation is not the concern of the people’s elected representatives; if a proposed piece of legislation is unconstitutional, they say, then it is up to the courts to strike it down. But this is a travesty. For structural constraints to accomplish what they are meant to accomplish, for them to constrain the power of government as they are meant to do, the question of the constitutionality of legislation in light of those constraints is everybody’s business—judges exercising judicial review, yes, but also legislators, executives, and the people themselves.

And that brings me to the critical, yet oddly neglected, subject of political culture. I mentioned Professor Waldron earlier.
A few years ago, he visited his native New Zealand to read his countrymen the riot act about what he condemned as the abysmal quality of that nation’s parliamentary debate. The bulk of his lecture was devoted to an analysis and critique of a range of factors leading to the impoverishment of legislative deliberation, warranting the stinging title he assigned to his lecture: “Parliamentary Recklessness.” Its penultimate section, entitled “Parliamentary Debate,” and offers thoroughly gloomy appraisal. But instead of ending there, offering no grounds for hope, he concludes with a section entitled “The Quality of Public Debate,” in which he points to the possibility that the deficiencies of parliamentary debate may be at least partially compensated for by a higher quality of public debate, and even hints that a higher quality of public debate could prompt the reforms necessary to at least begin restoring the integrity of parliamentary debate. But he warns that things could also go the other way. The corruption of parliamentary debate could “infect[] the political culture at large,”
driving public debate down to the condition of parliamentary debate. A condition he chillingly described in the following terms:

Parliament becomes a place where the governing party thinks it has won a great victory when debate is closed down and measures are pushed through under urgency; and the social and political forum generally becomes a place where the greatest victory is drowning out your opponent with the noise that you can bring to bear. And then the premium is on name-calling, on who can bawl the loudest, who can most readily trivialize an opponent’s position, who can succeed in embarrassing or shaming or if need be blackmailing into silence anyone who holds a different view.

So, in a sense, it is up to the people to decide whether they will rise above the corruption that has demeaned parliamentary politics or permit it to “infect the political culture at large.” But “the people” are not some undifferentiated mass; they are people, you and me, individuals. Of course, considered as isolated actors
there is not a lot that individuals can do to affect the political culture. But individuals can cooperate for greater effectiveness in prosecuting an agenda of conservation or reform, and they can create associations and institutions that are capable of making a difference—pressure groups, think tanks, even tea parties.”

A critical element of any discussion of the quality of democratic deliberation and decision-making that amounts to anything more than hot air will be the indispensable role of non-governmental institutions of civil society—those little platoons, yet again—in sustaining a culture in which political institutions do what they are established to do, do it well, and don’t do what they are not authorized to do. And so we must be mindful that bad behavior on the part of political institutions—which means bad behavior on the part of the people who exercise power as holders of public offices—can weaken, enervate, and even corrupt these institutions of civil society, rendering them for all intents and purposes impotent to resist the bad behavior and useless to the cause of political reform.
My point, and this is why I promised to return at the end to the importance of institutions of civil society, is that this is true generally, and it is certainly true with respect to the bad behavior of public officials who betray their obligations to serve by transgressing the bounds of their constitutional authority and the limits embodied in the doctrine of subsidiarity. Constitutional structural constraints are important, but they will be effective only where they are effectually supported by the people—that is, by the political culture. The people need to understand them and value them—value them enough to resist usurpations by their rulers even when unconstitutional programs offer immediate gratifications or the relief of urgent problems. This, in turn, requires certain virtues—strengths of character—among the people. But these virtues do not just fall down on people from the heavens. They have to be transmitted through the generations and nurtured by each generation. Madison said that “only a well-educated people can be permanently a free people.” And that is true. It points to the fact that even the best constitutional structures, even the
strongest structural constraints on governmental power, aren’t worth the paper they are printed on if people do not understand them, value them, and have the will to resist the blandishments of those offering something tempting in return for giving them up or letting violations of them occur without swift and certain political retaliation. But it is also true that virtue is needed, and that’s not merely a matter of improving civics teaching in homes and schools. The Constitution of the United States was famously defended by Madison in Federalist Paper Number 51 as “supplying, by opposite and rival interests, the defect of better motives.” He made this point immediately after observing that the first task of government is to control the governed, and the second is to control itself. He allowed that “a dependence on the people is, no doubt the primary control on the government, but experience has taught mankind the necessity of auxiliary precautions”—hence, the constitutional structural constraints, among other things. But even in this formulation they do not stand alone; indeed, they are presented as secondary. What is also necessary, and, indeed,
primary, is healthy and vibrant political culture—“a dependence on the people” to keep the rulers in line.

But that brings us back to the role and importance of virtue. John Adams understood as well as anyone the general theory of the Constitution. He was the ablest scholar and political theorist of the founding generation. He certainly got the point about “supplying the defect of better motives,” yet he also understood that the health of political culture was an indispensable element of the success of the constitutional enterprise—an enterprise of ensuring that the rulers stay within the bounds of their legitimate authority and indeed be servants of the common good, servants of the people they rule. He remarked that “our Constitution is made for a moral and religious people” and “is wholly inadequate to the government of any other.”  

Why? Because a people lacking in virtue could be counted on to trade liberty for protection, for financial or personal security, for comfort, for being looked after, for being taken care

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16 John Adams, *Message to the Officers of the First Brigade of the Third Division of the Militia of Massachusetts* (1798).
of, for having their problems solved quickly. And there will always be people occupying or standing for public office who will be happy to offer the deal—an expansion of their power in return for what they can offer by virtue of that expansion.

So the question, then, is how to form people fitted out with the virtues making them worthy of freedom and capable of preserving constitutionally limited government, even in the face of strong temptations, which inevitably come, to compromise it away. Here we see the central political role and significance, I believe, of the most basic institutions of civil society—the family; the religious community; private organizations (such as the Boy Scouts) that are devoted to the inculcation of knowledge and virtue; private (often religiously based) educational institutions; and the like that are in the business of transmitting essential virtues. These are, indeed, as is often said, mediating institutions that provide a buffer between the individual and the power of the central state. It is ultimately the autonomy, integrity, and general flourishing of these institutions that will determine the fate of
limited constitutional government. And this is not only because of their primary and indispensable role in transmitting virtues; it is also because their performance of health, education, and welfare functions is the only real alternative to the removal of these functions to “larger and higher associations,” that is, to government. When government expands to play the primary role in performing these functions, the ideal of limited government is soon lost, no matter the formal structural constraints of the Constitution. And the corresponding weakening of the status and authority of these institutions damages their ability to perform all of their functions, including their moral and pedagogical ones. With that, they surely lose their capacity to influence for good the political culture which, at the end of the day, is the whole shootin’ match when it comes to whether the ruler can truly be a servant.

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